

PLACEMENT OPTIONS

Because there is **NO TUBING**, you can wear the Pod comfortably anywhere you would give yourself a shot.

Be sure to bring two unopened Pods to your first training session. You will use them when learning how to apply your first Pod.

POD POSITIONING



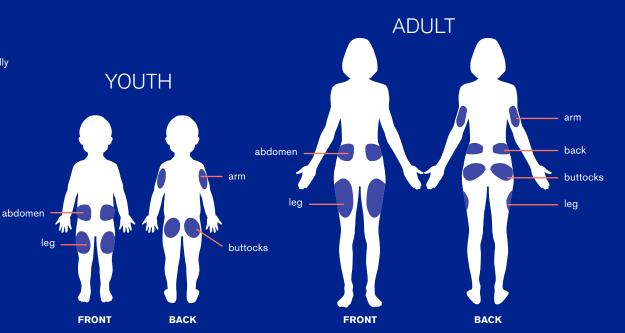
ARM AND LEG

Position the Pod vertically or at a slight angle.



ABDOMEN, BACK AND BUTTOCKS

Position the Pod horizontally or at a slight angle.



OPTIMAL ADHESION

Use an alcohol prep swab to clean the area. Let site air dry thoroughly before applying Pod. Do not place Pod where it will be affected by folds of skin.

OPTIMAL INSERTION

To facilitate insertion, place one hand over the Pod, pinching up the skin near the cannula. Press the Start button on the PDM. Release skin when cannula inserts. This step is critical if the insertion site is very lean or does not have much fatty tissue.

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